

Mint February 2013

CONDITION
YOUR BLUEPRINT TO OPTIMAL HEALTH

Class Schedules

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:30am – Group Fitness	2
3	4 9am – Group Fitness	5	6 9am – Group Fitness	7	8 8:30am – Group Fitness	9
10	11 9am – Group Fitness	12	13 9am – Group Fitness	14	15 8:30am – Group Fitness	16
17	18 9am – Group Fitness	19	20 9am – Group Fitness	21	22 8:30am – Group Fitness	23
24	25 9am – Group Fitness	26	27 9am – Group Fitness	28		